

## Financial Freedom and Personal Satisfaction

The way to success and financial freedom is clearly documented in many books written by or about the most successful people on this planet. And if we all were able to simply follow their example, we all would be rich. So I started to ask me "what is the difference between Me and Bill Gates, Me and Warren Buffet, Me and Donald Trump"? The answer was quite simple: The most successful people \* know exactly what they like and what not, \* are aware of what they want to achieve \* have a clear picture of how it feels when they get there \* are conscious about their strength and weaknesses \* AND they know how to focus on al of the above and have the discipline to follow through. Realising this, I had the ultimate blueprint for success. So I went to analyse my own days. What I found was that I am not always in full control of my day. Often I got distracted and lost focus. Sometimes I was overwhelmed by the events or depressed by negative events. After discussions with some of my friends we realised that this was a common problem for people like myself. But how to stop the distraction, how to stay fully in control of my thoughts and feelings, my environment and my aim? So I went back to the autobiographies of the successful people I had analysed before. And then it became all clear. What I needed was a mentor or coach who could help me to keep me on track and aware. After contacting a couple of highly successful business people and asking them to mentor me, I realised that the odd phone call or weekly meeting will not do the job. What I needed was a coach or mentor who could help me 24/7. Life is so amazing. After realising those fundamentals I was now open to receive the mentor I was longing for. Through friends I was introduced to the Mindwatch and invited to become an early tester. I wanted to test Mindwatch for financial / wealth creation. Setting the reminder on 30 minute intervals helped me to analyse my different states over a 14 hour period. Clearly evident was that my level of organisation and efficiency was not what it should be. This was based on the fact that I tried to do too much, work hard and achieve everything at once but never had clearly defined what the outcome should be. I started to use the built in TimeGap function to focus on my life's plan in the early morning hours. This time became like a magic moment where all details were laid out and big plans were drawn on a whiteboard. During this time my thoughts seemed to focus and the need to achieve all in one day melted into junks that could be achieved. This brought confidence and so a radiance of success. MindWatch was like a constant reminder to concentrate on that which I just did with full attention and unwavering determination towards the outcome I had planned in the morning. Every attempt to do 2 things at the same time or to jump to the next without completion was stopped dead with each reminder. Another very important factor on this journey was that I balanced areas that seemed to disturb my determination and clarity of focus. I rarely had pressed the family button, and evidently failed to enjoy my time with them. As every area of life seems to influence all others I decided to spend some clearly defined quality time with them, which has improved our whole situation. Clear communication and sharing their life has shown a strong support for my work in return. This example clearly showed me that it was not important to do things, but to do them in a certain way to achieve maximum results. So here I am now, not even 10 months after I started my study of successful people. I am now a partner in a very successful business, have an excellent income and a shareholding worth several hundred thousand dollars. All paid for by the knowledge and understanding of how successful people operate and generate wealth.

## About the Author

Mindwatch helped me to speed up that learning curve dramatically. Whether you are studying to build a career or running your own business already. Being more aware of the power of your mind and the state you are in during a 24 hour day, will also help you. Learn more by visiting:

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