

Trout Fishing in Scotland

There are over six thousand lochs/lakes in Scotland, that range from small hill lochs which offer brown trout fishing to some of freshwater lakes in the UK. There are over a hundred quality salmon and brown trout fishing rivers ranging from small spate rivers to world famous rivers such as the Spey, Tay, Dee and the Tweed. These are all ideal for [Fishing holidays in Scotland](#). Those who love to trout fish find that it can be one fun activity for fishermen who love catching fish or want a thrill of a lifetime adventure. Trout are known to be a native to Northern America, Asia and Europe, and are actually in the salmon family, which is why they are so easy to find around the land. On top of that, there are also several different types of trout, which include brown, cutthroat, rainbow and steelhead. They also feed on insects, flies and smaller fish. When trying to find them a trout can typically be discovered near its common hideouts. Trout are normally caught in skinny lakes or streams and rivers. And, some species of trout reside slow moving waterways. Rainbow trout, although, live in faster moving water bodies. Most of the time trout like to suspend in places where there are large objects, such as a big boulder or plant, that may slow the movement of the water. Plus, when in running water the rainbow trout are usually more likely to swim near the head of the pool. The speed of the water is something that is a factor if you're trout fishing, so it is crucial to determine which way the water is flowing and how fast it is moving. Usually, trout take cover in areas where the fast and slow water streams join. It can be found right by the main current of a body of water. You can figure out where this is by looking for the head of the pool and determining where the quicker body of water enters. In some areas there can be a log that finds its way into the water at a right angle to the stream of water and the log is still hanging by its roots and all. This is often referred to by trout fishermen as a sweeper. Trout fishing can be effective in these spots when fishing near where the branches lay. Trout fishing will usually be best when the right lure is presented. Fortunately, there is a plethora unique baits that can be tried in trout fishing, and lots of them are available in nature. Some examples of trout fishing bait include earthworms, insect larvae, egg sacs and crayfish. You can also use man-made baits like spoons and spinners. Believe it or not, some great bait is right there at your area grocer, including marshmallows and corn. Flies can be used additionally and they can be either wet or dry. The preferred equipment to use for trout fishing is a graphite pole that is near 6' in length and a light line. A swivel is also needed. If you are fly fishing, you'll need a longer pole. You'll want a nine foot graphite rod for that type of fishing. Also, if you want to catch a trout greater than weighing over three pounds you will need plenty of additional line. These are the reasons why trout fishing is so desirable. Not only do they make for good eating, they are a joy and require some skills to catch. If you desire additional information in trout fishing, ask a trout fishing expert or someone in your local fishing supply store. If you know of an acquaintance or someone in the family who is an expert in trout fishing you can get information from them too. In trout fishing, there are some factors that need to be considered in order to have a successful catch. 1. For trout fishing, the leader should not be greased. It will not sink far enough to cause any difficulty when picking the line and lure from the water, but if it is allowed to float; it will cast a shadow on the bottom of the stream which may scare the trout. 2. The trout is one of the fishes that are usually secured through the use of the dry fly. For trout, the current as well as the pools should be fished. It may sometimes be a bit difficult to keep the fly from sinking or dragging because of the various conditions of the current, but this is a matter that the angler will have to figure out for himself. 3. It is not good practice when fishing for trout to fish directly upstream so the flies, line, and leader will float directly over fish. The fisherman should make the cast from one side of the stream so the fly will only float over the fish. 4. It is important to make the first cast the best. A feeding trout will usually strike the first lure presented if it is cast so that it will float over his private domain. The angler should never fail to fish the lower end of the pool first even if the trout are rising in the middle or upper end. 5. Trout are sometimes very moody or selective and will try the patience of any angler; hence, possibly a fly with less hackle will do the trick or it may be necessary to use a spent-wing fly or a fan wing. Indeed, catching trout fishes can be lots of fun. The anglers just have to remember these tips in order to have a happy catch.

About the Author

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