

Friday The 13th Could Be A Lucky Day?

Friday the 13th sounds unlucky ? Traditional superstition ? And a lot of people dislike it and believe it to be unfortunate.

A Friday occurring on the 13th day of any month is considered to be a day of bad luck in English and Portuguese-speaking cultures around the world. And similar superstitions exist in some other traditions.

The fear of Friday the 13th is called paraskavedekatriaphobia or paraskevidekatriaphobia (horribly long words).

The origins of Friday superstitions are many which include Eve tempted Adam with the apple on a Friday. And 13 people at the last supper of Jesus, who was traditionally crucified on Good Friday. On this date, the Pope of the church in Rome in conjunction with the King of France, carried out a secret death warrant Against "the Knights Templar". And Several serial killers have 13 letters in their names like Jack the Ripper, Charles Manson and Jeffrey Dahmer.

Some people are so paralyzed by fear that they are simply unable to get out of bed when Friday the 13th rolls around. The Stress Management Center and Phobia Institute estimates that more than 17 million people are affected by a fear of this day.

But for some individuals, it doesn't sound unlucky at all. Of course, gambling is not encouraged in this article.

1) A couple from UK win \$17 million, and

Source taken from :

[CNN.com news article](#)

2) While a 49-year-old woman hits \$10 million jackpot at MGM Grand.

Source taken from :

[About.com news article](#)

A new survey shows people are becoming less superstitious about 'unlucky' Friday the 13th, the poll of 1,000 adults shows other superstitions are also less of a concern nowadays. In fact, three out of four questioned for a Surrey theme park said they had no intention of staying off work just because of the date.

Or maybe we should think positively, being positive could make you lucky. Being positive about anything and everything could also increase how you view and perceive things, and produce favorable results.

In fact, according to a report : Trying not to think a negative thought will result in thinking it more, Thinking is like breathing: It goes on night and day and you can't stop it. But you can change it.

Or you should ask yourself something like this: "How can I make myself stronger and to deal with this?" Or "Can I get myself busy right now, very busy I forget all about my fears?"

When you find yourself thinking negatively about something "bad" that happened, ask yourself "What's good about this?" Or "How can I turn this to my advantage?" Ask a good question and automatically you will think positively.

About the Author

James Myer is a self-employed and doing internet marketing, also like to find out weird and unexplainable events occurring around the world, also interested in self-motivational articles.