

Ever Wondered Why Marijuana Is So Addictive?

Marijuana is a popular drug that although illegal is still enjoyed by many. There is an ever increasing rate of marijuana addiction worldwide. What is it in this drug that makes it so addictive?

What You Need To Know About Marijuana

Marijuana was practically discovered and used for some medical purposes. It was actually used as/to:

Anti emetic; Increase appetite; Decrease tremors; Decrease seizures; Decrease stress; and Decrease glaucoma.

It is clear that the discovery of marijuana is for medical purposes, but only a few know this fact. This is why some states still allow the prescription of marijuana though it is generally considered illegal.

The use of this drug may have other benefits to other people, and that may be the reason that led them to drug addiction. For instance, the following are personal purposes that lead some people to get addicted to marijuana:

It gives them personal satisfaction and happiness; For teens, it is more on peer pressure; Some children would say they saw and learned it from their elders; Just to fit in because they think everyone else is using it; Out of curiosity; According to the songs they hear and the movies they see marijuana is cool; Some may feel they need marijuana and other drugs to help them escape from problems at home, at school, or with friends; and If a person is sad or upset, a drug can - temporarily - make the person feel better or forget about problems. But this escape lasts only until the drug wears off.

WAKE UP!

The use of marijuana and other illegal drugs will never be a solution to your problem, it only worsens it. If a person tries to use drugs, there's a great possibility that he will get addicted to it. It simply means that the person's body becomes so habituated to having this drug that he can no longer function well without it.

If you are planning to try it, better think twice! You don't have to use marijuana just because you think everybody else is doing it. Once a person gets addicted to it, it is already very hard to stop taking it.

How to Avoid Getting Marijuana Addicted

There are so many ways to avoid the temptation of getting addicted to marijuana. Here are some things to bear in mind:

Remember that there are so many ways of being happy other than what marijuana can give you; Parents can be influential by talking to their children about the dangers of using marijuana and other drugs and by remaining actively engaged in their children's lives; MA appropriate parental monitoring; Never attempt to try, you will just regret it.; You don't need to try it just to get along or to have a sense of belongingness; You can always say no to your peers; Value your health; Get over your depression, face your problems! Drug use is never the remedy. It'll only give you a short time escape but your problem will still be there and it might just even get worst; What you see from elders is not right at all time. Know which is right from wrong; and Engage in other worthwhile activities. There's so much fun out there! Life is beautiful!

About the Author

The Perry Clayman Project is a rehabilitation centre for alcohol, drugs, gambling, cocaine and other forms of addiction. The centre helps patients overcome their addiction through the use of detoxification and treatments that targets physical and mental health of the patients. The support that this <http://www.rehabtoday.com> offers gives the patients a better view of their future after addiction.