

## Massage therapy as a career

Massage therapy as a career    Massage careers are in demand but the truth is that most jobs are low paying and lack any benefits. Massage schools are just in the business of getting massage students to fill their schools. Most are not concerned with the high turnover rate with more than 50,000 massage therapists leaving the profession each year. Find out the truth by visiting my site and purchasing my Ebook \"The Massage Therapy Career Guide\" -the truth about becoming a massage therapist. There is much more to becoming a massage therapist than just having good hands and wanting to help others. These reasons for becoming a massage therapist are the same reasons that you will end up leaving. With 20 years of experience as a professional massage therapist I have my observations which I would like to share in the e-book. The most important aspect of a massage practice or business is you - not any technique you have may have learnt or what you can do with your hands. As a massage therapist if you are working on your own there are a number of expenses that you will have to take care of. There will be expenses to pay such as rent and advertising bills. You will have to manage your office as well. This is apart from the cost you paid for your training school which could cost upwards of \$10,000. In spite of all this you still want carry on because of some compelling personal reasons that propel you, such as helping others. These reasons why you may want to help others may also be the reasons of your burn out. The work involved is not just about helping others; it is first about helping and taking care of yourself first, so that you can be present with others in their healing process. To be successful therapist you just have to do it differently than most schools are currently teaching. For this you need to be better informed. The e-book on massage careers will inform you about money issues, your love for the job and your beliefs about money. You can also discover if this your real calling. Most of the professionals take up this career to follow a calling. Because you have to associate yourself so closely with others you can start imagining that you are the business, the e-book will help you realize that you are not the business. In order to be successful you need to separate yourself from the business. Though you may assume that the profession is all about freedom to work at your time, work when and where you want, you need to realize freedom really something that can only come from having peace inside. Though you may understand this profession as the purpose of your life, it is actually a way to get to get to know yourself better. It is about learning to transcend your ego needs for love, appreciation and acceptance which can be an underlying unconscious reason for becoming a massage therapist.

## About the Author

Julie Onofrio is author of this article on [massage therapy careers](#). Find more information about [massage therapy careers](#) here.

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